## GAMBLING RECOVERY INFORMATION AVAILABLE IN 3 LANGUAGES

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Information about problem gambling and recovery is now available on the Internet in French, English, and Spanish thanks to the efforts of STOP Gambling Inc.

Today, this Calgary-based recovery assistance company officially launched the French version of their web site at <u>www.arretez-de-parier.com</u>. They started their original English site, <u>www.stop-gambling.com</u>, in 2006, while their Spanish version, <u>www.deja-de-apostar.com</u>, hit the Internet in 2007.

"Gambling addiction is a serious and growing problem," noted Shawn Jordan, Vice President of Production and Distribution at STOP Gambling. "It's important to reach as many people as possible to offer information and help."

"By communicating in English, Spanish, and French, we can assist more problem gamblers across North America and the world," explained Mr. Jordan, author of the self-help program **21 Steps to STOP Gambling System and Workbooks**.

All three web sites identify the signs of problem gambling and the harms that often result. There is a self-assessment tool, a "Help a Friend" referral service, and a copy of Step 1 from the **21 Steps to STOP Gambling System and Workbooks**. Concerned employers also can find information on creating a company gambling policy, increasing awareness, and helping troubled employees.

For more information, contact Shawn Jordan, STOP Gambling Inc., at (403) 463-2267 or <u>sjordan@stop-gambling.com</u>.

You can find more press-related information at: www.stop-gambling.com/pressroom.html.